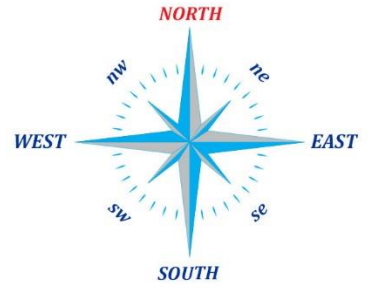




 AUTHENTIC[®]
MYANMAR TRAVEL • PTE. LTD.

2024-2025

TRIP PLANNER OF MYANMAR





THE CROSSING AND BEACH OF MYANMAR-12D/11N-2024-2025

Yangon- Mandalay-Bagan-Popa-Heho-Pindaya-
Inle-Indein-Heho-Thandwe-Ngapali-Yangon

You will be able to discover Yangon and Mandalay, the cities with the miles pagodas, and you will discover the forgotten temples of Bagan, and bewitch by the area of the Inle lake.

ITINERARY AT A GLANCE

DAY	DEPART	TRANSFER	VISIT	ARRIVE	RANK
DAY-01	BANGKOK			YANGON	***
DAY-02	YANGON		SGN/AVA/AMA	MANDALAY	***
DAY-03	MANDALAY		MINGUN	MANDALAY	***
DAY-04	MANDALAY			BAGAN	***
DAY-05	BAGAN			BAGAN	***
DAY-06	BAGAN		POPA	BAGAN	***
DAY-07	BAGAN		HEHO/PDY	KALAW	***
DAY-08	KALAW			INDEIN	***
DAY-09	INLE		HEHO	NGAPALI	***
DAY-10	NGAPALI			NGAPALI	***
DAY-11	NGAPALI		THANDWE	YANGON	***
DAY-12	YANGON			BANGKOK	***

SEA LEVEL

INLE: 885 M

Photo description: "Maha Thetkya Thiha Pagoda in Ava."

Bodaw Paya's grandson built maha Thakya Thiha Pagoda King Bagyidaw of Yadanapura Innwa with the use of 26723 visses of five kinds of metals namely gold silver bronze iron and zinc in the year 1188 in his 19th year of reign.



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DAY 01 - BANGKOK OR OTHER DESTINATION – ✈️ - YANGON 🚗

Welcomed by our guide and transfer to hotel and leisure. Green city marked out lakes with the carefully landscaped banks, **Yangon** dissimulates under its peaceful airs a vibrating animation. Visit **Chaukhtetgyi pagoda** and of its great Buddha laying whose colossal stature is fortunately softened by the good-naturalness of its expression! [Lunch at a local restaurant](#). After lunch, an extended visit to the **Shwedagon pagoda**, one of the world's most spectacular religious monuments, will conclude the tour of this pictures garden city. The golden dome of the Shwedagon Pagoda rises 98 meters.

[Dinner and overnight](#) at **hotel**.

DAY 02 - YANGON- ✈️ -MANDALAY- SAGAING- AVA-AMARAPURA-MANDALAY 🚗

Breakfast.

Transfer to **Yangon** airport for domestic flight to **Mandalay**.

Upon arrival, proceed to **Sagaing**, a retreat for Buddhist devotees, to enjoy a magnificent view over the surrounding area. Then stop with the **Pagoda Soon UPonnya Shin** to benefit from the panorama.

[Lunch at a local restaurant](#). After lunch, continue a visit to the former royal capital of **Ava**, reached by a short boat trip. Visits by horse-drawn carriage to the **Nanmyint Watch Tower**, **the remains of the palace building** nicknamed “leaning tower of Ava”, **MahaAungmye beautiful monastery** built of brick and stucco and **Bagayar Monastery**, famous for its impressive ornate woodcarvings and teak posts. Return to **Mandalay**. Departure for **Amarapura** and continue to the 200- years –old **U Bein Bridge**, built-in 1782 at the time of **Amarapura** was the royal capital, entirely constructed of teak wood.

[Dinner and overnight](#) at **hotel**.

DAY 03- MANDALAY – 🚗 - MINGUN – 🚤 - MANDALAY 🚗

Breakfast at the hotel.

Weather permitting, visit the small market near the train station. The last train from the suburbs of Mandalay arrives around 10:30. You can enjoy the scenes of daily life with the vegetable merchants and locals who shop. It is a fascinating and accessible place.

An excursion by boat on **the Ayeyarwaddy River** will take you to **Mingun** (45min approximately). Visit one of the world largest bells, weighing 90 tons **MingunBell**, **Hsinbyume Paya** and **the unfinished MingunPaya**, built as one of the largest Saudis by King Bodawpaya. Return by boat to **Mandalay**. [Lunch on the boat during the visit](#).

In the afternoon, visits with the **Shwenandaw monastery** (or Golden Palace monastery) a superb example of a traditional work, and **KuthodawPagoda**, the world's largest book, consisting of 729 marble slabs engraved with Buddhist scriptures.

[Dinner at a local restaurant](#).

[Overnight](#) at the **hotel**.



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DAY 04 - MANDALAY - BAGAN

Breakfast at the hotel.

Early morning transfer to Jetty. Cruise to **Bagan** by public boat.

(8 hrs cruising). Enjoy cruising experience in River Irrawaddy by boat.

[Picnic Lunch on boat](#) invites idleness and contemplation. Since the long chairs of the higher bridge, we discover new activities along the river; some fishermen collect their nets, of the boat-towers, go up in neutral of long teak boats. We may see the village ways of life; women and children come to propose to us to drink or eat, or all kinds of things that testify magnificently to the originality of the local arts and crafts. Arrive in **Bagan** at the end of the afternoon.

[Dinner and overnight](#) at **hotel**.

DAY 05 - BAGAN

Breakfast.

Day devoted to discovering of **Bagan** "the mystic" extraordinary archaeological site which does not have anything to envy that of Angkor with its 3000 temples and pilot pink brick stupas of the apogee of the Buddhist architecture of Myanmar. Starting a sightseeing tour with a diverse selection of the most important pagodas and temples such as **ShwezigonPagoda**, built by King Anawrahta in the early 11th century, and discovered **temples Shwegugyi, Gawdawpalin** and coloured market located in Old Bagan. Afterwards, [lunch at a local restaurant](#). We will meet the religious tradition of donating food and materials for the monks of the surrounding monasteries. Near the Law Ka Nanda pagoda, we will witness the great procession of monks coming out of the monastery to accept the offering of the local population. The locals meet together in a gesture of prayer to receive a blessing from the monks. You can join the local community to offer our material donations to the monks. Visit **Ananda Temple**, with its four substantial standing-Buddha images and numerous seated figures that arrange around the interior gallery and **Gu Byauk Gyi Temple** (under the protection of UNESCO), noted for its ancient mural paintings.

Observe a sunset in the vicinity of Bagan's ancient monuments.

[Dinner and overnight](#) at **hotel**.

DAY 06 - BAGAN - MONT POPA - BAGAN

Breakfast at the hotel.

Continue the visit in **Bagan** with the discovery of **the ruins of the Royal Palace; Tharaba's door, Tayok Pye Temple**. Visit a **lacquer craftsmen's workshop** in the nearby Myinkaba village (*Note: The restaurant of the Mount Popa offers a magnificent view over the whole site Mount Popa and for clients who cannot climb on Mount Popa will allow them to enjoy the unique landscape from the terrace of the restaurant*). [Lunch takes at the Popa Mountain Resort Hotel](#).

Then, a 45 km drive (1 ½ hour) will take you to **MountPopa**. An extinct volcano with spectacular views. Its shrine dedicated to animist spirits knows as "Nats", and you will have time to climb nearly 800 steps to the shrine at the top of the peak. Return to **Bagan**.

[Dinner at a local restaurant](#).

[Overnight](#) at **the hotel**.



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DAY 07 - BAGAN – - HEHO--PINDAYA-KALAW

Breakfast.

Transfer to **Nyaung U** airport for domestic flight to **Heho**.

Depart on the road (2h30 approximately) for **Pindaya's** caves, an impressively long way up into the hills and across the Shan Plateau, through fields of mountain rice.

Pindaya is especially famous for its natural caves in which ones were stored, with the passing of the centuries the donations of the pilgrims is more than 8000 statues of Buddha out of wood, alabaster, marble, cement. An occasion to discover the evolution that knew the representations of the Buddha through the time.

Lunch at a local restaurant. Visit magnificent **Pindaya cave** set in a limestone ridge overlooking a picturesque lake, where thousands of different types of Buddha images are a display in the various cave chambers. Continue to visit some local houses where families produce **Shan paper and parasols**.

Drive-by road to **Kalaw**.

Dinner and overnight at **hotel**.

DAY 08 – KALAW--INLE LAKE--INDEIN

Drive-by road to **Nyaung Shwe**.

The idyllic framework blotted around the mountains, and the Inle Lake is a punctuated blue oasis of villages on pile, temples and monasteries. You can discover the life of the lake: it's surprising **floating vegetable gardens**, fixed on the bottom of the lake by large piles of bamboo; its **fishermen into**, principal ethnic of the lake, which ancestral mode of fishing, with a bow net and while rowing with a leg, is unique in the world.

You can walk in the village and visit the old pagodas which built in the 12th century.

Lunch at a local restaurant.

Inn Dein locates on the southwestern bank of Inle lake. Its village one can say that it is the most picturesque part of the Inle lake. The brook which leads to the lively village with various activities on its banks. In-Dein village is used as the main door to approach the western part of the lake and to discover the close villages situated on the hills.

Visit **Pagoda PhaungDawOo**, one of the most sacred shrines in Myanmar, dating back to the 18th century, and visits some of its many artisan factories of weaving of silk, cigars, *etc.*

Enjoy the canoe-kayak ride to admire the beautiful surrounding landscape surrounding Inle Lake and the culture of the local people of this region. This small boat trip will offer you a quieter sailing experience, rowed and guided by the ladies of the "Inthar" ethnic group.

Return to the dugout to the setting sunset.

Dinner and overnight at **hotel**.

DAY 09 - INLE LAKE--HEHO--THANDWE – NGAPALI

After breakfast, transfer to Heho Airport for domestic flight to **Than dawe**.

Leisure time at Ngapali.

Overnight at the hotel.



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DAY 10 - NGAPALI

After breakfast, Leisure time at Ngapali.

[Overnight](#) at the hotel.

DAY 11 - NGAPALI – - THANDWE - - YANGON

Breakfast at hotel.

Transfer by the road to **Thandwe airport** and fly back to **Yangon**.

Visit **colonial quarter** such as **Maharbandula Garden, City Hall, High court**, etc.

[Lunch at the local restaurant](#). In the colonial district, discover the administrative buildings "The Secretariats" of the east wing and its interior courtyard of this colonial building. You can dive back into the 1950s and its magnificent architectural treasure. Then walk through **Chinatown home**, along with colonial buildings are crumbling facades, an abundance of small shops, hawkers and street canteens. Visit the **Bogyoke Market**, market lacquer, precious stones, fabrics, etc. Free time for your last minute shopping.

[Dinner at a local restaurant](#).

[Overnight](#) at the hotel.

DAY 12 - YANGON – - BANGKOK OR OTHER DESTINATION

Breakfast.

Leisure time until the transfer to the airport.

Transfer to the international airport, **take-off bound for Bangkok**.

END OF SERVICE