



# TRIP PLANNER OF MYANMAR STHENTIC MEANING NORTH WEST EAST SOUTH MANDALAY BAGAN HEHO STOOKS INLE YANGON



Yangon-Mandalay-Bagan-Heho-Inle-Indein-Heho-Yangon

Burma occupies the most Western part of Asia, formed by the long North-South valley of Irrawaddy. You will discover Yangon and Mandalay, the cities with the miles pagodas, the forgotten temples of Bagan, and bewitch by the area of the Inle lake.

# **ITINERARY AT A GLANCE**

DAY	DEPART	TRANSFER	VISIT	ARRIVE	RANK
DAY-01	BANGKOK			YANGON	***
DAY-02	YANGON	<b>(1)</b>	SGN/AVA/AMA	MANDALAY	***
DAY-03	MANDALAY	<b>(1)</b>		BAGAN	***
DAY-04	BAGAN		НЕНО	INDEIN	***
DAY-05	INLE		HEHO/YGN	BANGKOK	***

#### **SEA LEVEL**

INLE : 885 M

Photo description: "Breakfast (dessert) at a hotel."



















Yangon-Mandalay-Bagan-Heho-Inle-Indein-Heho-Yangon

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Welcomed by our guide and transfer to hotel and leisure. Green city marked out lakes with the carefully landscaped banks, Yangon dissimulates under its peaceful airs a vibrating animation. Visit Chaukhtetgyi pagoda and of its great Buddha laying whose colossal stature is fortunately softened by the good-naturalness of its expression! Lunch at a local restaurant. After lunch, an extended visit to the **Shwedagon pagoda**, one of the world's most spectacular religious monuments, will conclude the tour of this pictures garden city. The golden dome of the Shwedagon Pagoda rises 98 meters. Dinner and overnight at hotel.

#### DAY 02 - YANGON- —- MANDALAY- SAGAING- AVA-AMARAPURA-MANDALAY



Breakfast.

Transfer to **Yangon** airport for domestic flight to **Mandalay**.

Upon arrival, proceed to Sagaing, a retreat for Buddhist devotees, to enjoy a magnificent view over the surrounding area. Then stop with the **Pagoda Soon UPonnya Shin** to benefit from the panorama. Lunch at a local restaurant. After lunch, continue a visit to the former royal capital of Ava, reached by a short boat trip. Visits by horse-drawn carriage to the Nanmyint Watch Tower, the remains of the palace building nicknamed "leaning tower of Ava", MahaAungmye beautiful monastery built of brick and stucco and Bagayar Monastery, famous for its impressive ornate woodcarvings and teak posts. Return to Mandalay. Departure for Amarapura and continue to the 200- years -old U Bein Bridge, built-in 1782 at the time of Amarapura was the royal capital, entirely constructed of teak wood. Dinner and overnight at hotel.

## DAY 03 - MANDALAY- > -BAGAN

Breakfast.

Transfer to Mandalay airport for domestic flight to Nyaung U.

Day devoted to discovering of Bagan "the mystic" extraordinary archaeological site which does not have anything to envy that of Angkor with its 3000 temples and pilot pink brick stupas of the apogee of the Buddhist architecture of Myanmar. Starting a sightseeing tour with a diverse selection of the most important pagodas and temples such as **ShwezigonPagoda**, built by King Anawrahta in the early 11<sup>th</sup> century, and discovered temples Shwegugyi, Gawdawpalin and coloured market located in Old Bagan. Afterwards, <u>lunch at a local restaurant</u>. We will meet the religious tradition of donating food and materials for the monks of the surrounding monasteries. Near the Law Ka Nanda pagoda, we will witness the great procession of monks coming out of the monastery to accept the offering of the local population. The locals meet together in a gesture of prayer to receive a blessing from the monks. You can join the local community to offer our material donations to the monks. Visit **Ananda Temple**, with its four substantial standing-Buddha images and numerous seated figures that arrange around the interior gallery and Gu Byauk Gyi Temple (under the protection of UNESCO), noted for its ancient mural paintings.

Observe a sunset in the vicinity of Bagan's ancient monuments.

Dinner and overnight at hotel.

# DAY 04 - BAGAN- > -HEHO- -INLE LAKE

Breakfast.

Transfer to Nyaung U airport for domestic flight to Heho. Drive-by road to **NyaungShwe**.











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Excursion in the **Inlay Lake** by boat .Visit **Nape Gyaung monastery**, also called "monastery of the jumping cats" since its monks trained cats to be jumped inside rings. This monastery is set on wooden piles and contains an astonishing collection of statues of Buddha.

Lunch at a local restaurant. Visit **Pagoda PhaungDawOo**, one of the most sacred shrines in Myanmar, dating back to the 18<sup>th</sup> century, and visits some of its many artisan factories of weaving of silk, cigars, etc. Return to the dugout to the setting sunset. Enjoy the canoe-kayak ride to admire the beautiful surrounding landscape surrounding Inle Lake and the culture of the local people of this region. This small boat trip will offer you a quieter sailing experience, rowed and guided by the ladies of the "Inthar" ethnic group. Return to the dugout to the setting sunset.

Dinner and overnight at hotel.

DAY 05 - INLE LAKE- - YANGON - - BANGKOK OR OTHER DESTINATION

Breakfast at the hotel.

Transfer by the road to **Heho airport** and fly back to **Yangon**.

**Leisure time** until the transfer to the airport.

Transfer to the international airport, take-off bound for Bangkok.

**END OF SERVICE** 













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