







## AM-BIKE TOUR-09D/08N-2019-2020

## Mandalay-Bagan-Popa-Bagan-Pindaya-Mandalay

Burma occupies the most Western part of Asia, formed by the long North-South valley of Irrawaddy. You will be able to discover Yangon and Mandalay, the cities with the miles pagodas, you will discover the forgotten temples of Bagan, and you will be bewitched by the area of the lake Inle...

#### ITINERARY AT A GLANCE

DAY	DEPART	TRANSFER	VISIT	ARRIVE	RANK
DAY-01	BANGKOK			MANDALAY	***
DAY-02	MANDALAY		AVA/AMA	MANDALAY	***
DAY-03	MANDALAY			BAGAN	***
DAY-04	BAGAN			BAGAN	***
DAY-05	BAGAN	<b>(4)</b>		BAGAN	***
DAY-06	BAGAN			PINDAYA	***
DAY-07	PINDAYA			YWA NGAN	***
DAY-08	YWA NGAN	<b>%</b>		KYAUK SAE	***
DAY-09	KYAUK SAE		MANDALAY	BANGKOK	***

### **SEA LEVEL**

INLE : 885 M

Photo description: The tourists are cycling around the city.















#### AM-BIKE TOUR-09D/08N-2019-2020

#### Mandalay-Bagan-Popa-Bagan-Pindaya-Mandalay

## 

Welcomed by our guide and transfer to hotel and leisure.

Lunch on boat during visit.

In the afternoon, visits with the Shwenandaw monastery (or Golden Palace monastery) a superb example of a traditional work, and **Kuthodaw Pagoda**, the world's largest book, consisting of 729 marble slabs engraved with Buddhist scriptures. Dinner at local restaurant. Overnight at hotel.

## DAY 02 - MANDALAY- AVA- AMARAPURA

Breakfast. Departure around 8:30.

On the way to Ava, you discover the site by bike.

Visits to the ruins of the Royal Palace, the Watchtower, the beautiful Bagaya teak monastery and the MahaAungMyeBonzon brick and stucco monastery.

Lunch at local restaurant (light). Departure for Amarapura always by bike and walk end of day on the picturesque **UBein** stilt bridge, entirely built of teak wood on nearly 1.2 km as early as 1849. It sits on Taunghaman Lake. Dinner at local restaurant. Overnight at hotel.

## DAY 03 - MANDALAY - BAGAN

Breakfast at hotel.

Early morning transfer to Jetty. Cruise to Bagan by public boat.

(8 hrs cruising). Enjoy cruising experience in River Irrawaddy by boat.

Picnic Lunch on board.

Very comfortable boat, it invites to idleness and contemplation. Since the long chairs of the higher bridge we discover new activities along the river; some fishermen collect their nets, of the boat-towers go up in neutral of long teak boats... We may see the ways of life in each village; women and children come to propose to us to drink or eat, or all kinds of things that testify magnificently to the originality of the local arts and crafts. Arrival to **Bagan** at the end of the afternoon.

Dinner and overnight at hotel.

# DAY 04 - BAGAN

**Bike ride** for the day.

Visit the Shwezigon Pagoda and its golden stupa, the temples of Wetgyi Inn Gubyaukgyi and Htilominlo. Discover the ruins of the Royal Palace; of the gate of Tharaba. Visit of the lacquer workshops of the village of **Myinkaba** whose manufacture has become, over the years, a specialty of the region.

Lunch at the local restaurant (light but caloric).

In the afternoon, cycling among the temples, visit the temple of Ananda, with its golden stupa shining under the sun, its colossal statues and its monastery.

Dinner local restaurant and overnight at the hotel.













#### AM-BIKE TOUR-09D/08N-2019-2020

Mandalay-Bagan-Popa-Bagan-Pindaya-Mandalay

# DAY 05 - BAGAN - MONT POPA - BAGAN

**Bike ride** for the day. Children's Day of Burma.

Then en route towards the Popa Mount. Stop on the way to see the manufacture of palm sugar then pass through the village Se SeYo. A picturesque village that still retains an ancient tradition like the hairstyles of the ancient Burmese. Continue to Sinluai with a stop for lunch and drink, visit the village and its monastery. Continue to Mount Popa.

Mount Popa, rocky peak overlooking the plain of Bagan and place of worship dedicated to the Nats, the spirits of the Burmese pantheon. At its summit is the TaungKalat Pagoda, which is reached after climbing nearly 800 steps, under the curious gaze of the monkeys. Return to Bagan by bus.

Dinner at the local restaurant.

Overnight at hotel.

#### DAY 06 - BAGAN- PINDAYA

Breakfast.

Transport by private minibus and vehicle for bicycles.

Lunch at local restaurant (light). Visit of a workshop where you can follow the different stages of manufacture of parasols shan paper, specialty of the region.

Dinner and overnight at hotel.

# DAY 07 – PINDAYA ®-YWA NGAN

Panoramic excursion today!

Departure from the hotel after breakfast. It is best to start early this day so that we can have the opportunity to take beautiful pictures, to take breaks on the way. The landscapes are really worth admiring. You will have the opportunity to visit the plantations such as sesame fields, mustard plants (vegetables very taken in Asia) ginger and many seasonal crops all along the Shan plateau.

We continue our route climbing the hills by passing Eucalyptus very fragrant, the blue water pond one of the magnificent and rare sites, a place of pilgrimage, then Ma Ma main hill.

Lunch in the form of a picnic in the village of Myaing where you can enjoy the local coffee.

Then we go up to YwaNgan.

Dinner and overnight at the hotel.

SeinYaung So Hotel and Restaurant.

# DAY 08 -YWA NGAN KYAUK SAE

Today, there are very steep climbs on an uneven and rough road, so it is necessary to shoulder your bikes here and there for a journey of about 5 to 10 kilometers until you reach the caves of Padah Lin hidden in the middle of nowhere. After breakfast, we will go to villages in the western direction of the mountain. We walk about 6 kilometers until we reach the last village called HmyarKalaw, "Little Arrow." Then from there, we turn right towards the jungle pave paths but rather dilapidated and neglected. Trails are made for 4 X 4 vehicles, but with torrential rains, the dirt road becomes muddy with deep holes. It is sometimes as difficult to climb as to descend. Crossing the mountains is the most beautiful and adventurous of the off-the-beaten paths.











# SHENTIC MENALE

## AM-BIKE TOUR-09D/08N-2019-2020

## Mandalay-Bagan-Popa-Bagan-Pindaya-Mandalay

Then we will continue our journey to the dam and we will embark for the transfer to the **village of KanSel**where we will have our picnic.

Then we continue another 30 kilometers by bike to the town of Kume.

Dinner and overnight at the hotel.

# DAY 09 – KYAUK SE — MANDALAY – BANGKOK OR OTHER DESTINATION

Breakfast.

Free time according to the remaining time.

Farewell dinner at UNIQUE restaurant

**Leisure time** until the transfer to the airport.

Transfer to the international airport, take-off bound for Bangkok.

**END OF SERVICE** 











