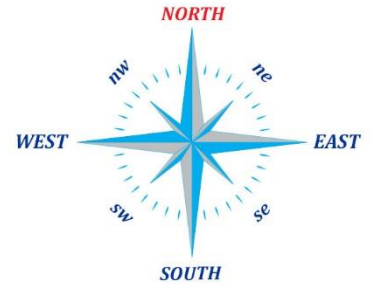




2024-2025

TRIP PLANNER OF MYANMAR





AM-09D/08N-2024-2025

Yangon-Mandalay-Bagan-Popa-Heho- Inle-Indein-Heho-Yangon

Burma occupies the most Western part of Asia, formed by the long North-South valley of Irrawaddy. You will be able to discover Yangon and Mandalay, the cities with the miles pagodas, and you will discover the forgotten temples of Bagan, and bewitched by the area of the Inle lake.

ITINERARY AT A GLANCE

DAY	DEPART	TRANSFER	VISIT	ARRIVE	RANK
DAY-00	FRANCE			BANGKOK	
DAY-01	BANGKOK			YANGON	***
DAY-02	YANGON		SGN/AVA/AMA	MANDALAY	***
DAY-03	MANDALAY		MINGUN	MANDALAY	***
DAY-04	MANDALAY			BAGAN	***
DAY-05	BAGAN		POPA	BAGAN	***
DAY-06	BAGAN		HEHO	INLE	***
DAY-07	INLE			INDEIN	***
DAY-08	INLE		HEHO	YANGON	***
DAY-09	YANGON			BANGKOK	***

SEA LEVEL

INLE : 885 M

Photo description: "The stairways in Indein pagoda."



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Yangon-Mandalay-Bagan-Popa-Heho- Inle-Indein-Heho-Yangon

DAY 01 - BANGKOK OR OTHER DESTINATION – ✈️ - YANGON 🚗

Welcomed by our guide and transfer to hotel and leisure. Green city marked out lakes with the carefully landscaped banks, **Yangon** dissimulates under its peaceful airs a vibrating animation. Visit **Chaukhtetgyi pagoda** and of its great Buddha laying whose colossal stature is fortunately softened by the good-naturalness of its expression! [Lunch at a local restaurant](#). After lunch, an extended visit to the **Shwedagon pagoda**, one of the world's most spectacular religious monuments, will conclude the tour of this pictures garden city. The golden dome of the Shwedagon Pagoda rises 98 meters.

[Dinner and overnight](#) at **hotel**.

DAY 02 - YANGON- ✈️ - MANDALAY- SAGAING- AVA- AMARAPURA- MANDALAY 🚗

Breakfast.

Transfer to **Yangon** airport for domestic flight to **Mandalay**.

Upon arrival, proceed to **Sagaing**, a retreat for Buddhist devotees, to enjoy a magnificent view over the surrounding area. Then stop with the **Pagoda Soon UPonnya Shin** to benefit from the panorama.

[Lunch at a local restaurant](#). After lunch, continue a visit to the former royal capital of **Ava**, reached by a short boat trip. Visits by horse-drawn carriage to the **Nanmyint Watch Tower**, **the remains of the palace building** nicknamed “leaning tower of Ava”, **MahaAungmye beautiful monastery** built of brick and stucco and **Bagayar Monastery**, famous for its impressive ornate woodcarvings and teak posts. Return to **Mandalay**. Departure for **Amarapura** and continue to the 200- years –old **U Bein Bridge**, built-in 1782 at the time of **Amarapura** was the royal capital, entirely constructed of teak wood.

[Dinner and overnight](#) at **hotel**.

DAY 03- MANDALAY – 🚗 - MINGUN – 🚤 - MANDALAY 🚗

Breakfast at the hotel.

Weather permitting, visit the small market near the train station. The last train from the suburbs of Mandalay arrives around 10:30. You can enjoy the scenes of daily life with the vegetable merchants and locals who shop. It is a fascinating and accessible place.

An excursion by boat on **the Ayeyarwaddy River** will take you to **Mingun** (45min approximately). Visit one of the world largest bells, weighing 90 tons **MingunBell**, **Hsinbyume Paya** and **the unfinished MingunPaya**, built as one of the largest Saudis by King Bodawpaya. Return by boat to **Mandalay**. [Lunch on the boat during the visit](#).

In the afternoon, visits with the **Shwenandaw monastery** (or Golden Palace monastery) a superb example of a traditional work, and **KuthodawPagoda**, the world's largest book, consisting of 729 marble slabs engraved with Buddhist scriptures.

[Dinner at a local restaurant](#).

[Overnight](#) at the **hotel**.

DAY 04- MANDALAY – ✈️ - BAGAN 🚗

Breakfast at the hotel.

Drive to **Mandalay** airport for domestic flight to **Bagan**.

Bagan is, without doubt, most astonishing site of Myanmar if it is all South East Asia. At edges of Irrawaddy river, renamed from now on Ayeryarwaddy, and in the area of 40 km2 straighten up some hundreds of temples (2219 exactly). All of these remnants have been constructed of 11^{century} to 13^{century} by the sovereigns' successive, which made the size of Bagan (Anawratha, Kyanzittha, Alaungsitthu and Narapatissithu,). This unbelievable



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Yangon-Mandalay-Bagan-Popa-Heho- Inle-Indein-Heho-Yangon

concentration made of Bagan intense moment of your stay in Myanmar and the sunset of the site reminds an unforgettable moment. Upon arrival in **Bagan**, starting a sightseeing tour with a diverse selection of the most important pagodas and temples such as **ShwezigonPagoda**, built by King Anawrahta in the early 11th century, and discovered temples **Shwegugyi**, **Gawdawpalin** and coloured market located at Old Bagan. Afterwards, [lunch is taken a local restaurant](#) with a puppet show. We will meet the religious tradition of donating food and materials for the monks of the surrounding monasteries. Near the Law Ka Nanda pagoda, we will witness the great procession of monks coming out of the monastery to accept the offering of the local population. The locals meet together in a gesture of prayer to receive a blessing from the monks. You can join the local community to offer our material donations to the monks. Visit Ananda **Temple**, with its four substantial standing-Buddha images and numerous seated figures that arrange around the interior gallery and **GuByaukGyi Temple** (under the protection of UNESCO), noted for its ancient mural paintings. Observe a sunset in the vicinity of Bagan's ancient monuments.

[Dinner and overnight](#) at **hotel**.

DAY 05 - BAGAN - - MONT POPA - - BAGAN

Breakfast at the hotel.

Continue the visits in **Bagan** with the discovery of **the ruins of the Royal Palace; Tharaba's Gate, TayokPye temple**. Visit a **lacquer craftsmen's workshop** in the nearby Myinkaba village (*Note: The restaurant of the Mount Popa offers a magnificent view over the whole site Mount Popa and for clients who cannot climb on Mount Popa will allow them to enjoy the unique landscape from the terrace of the restaurant*). [Lunch takes at the Popa Mountain Resort Hotel](#). Then, a 45 km drive (1 ½ hour) will take you to Mount **Popa**. An extinct volcano with spectacular views. Its shrine dedicated to animist spirits knows as "Nats", and you will have time to climb nearly 800 steps to the shrine at the top of the peak. Return to **Bagan**.

[Dinner at a local restaurant](#).

[Overnight](#) at **the hotel**.

DAY 06 - BAGAN - - HEHO - - INLE LAKE

Breakfast.

Transfer to **Nyaung U** airport for domestic flight to **Heho**.

Drive-by road to **NyaungShwe**.

Visit **monastery NgaPhe**, also called "monastery of the jumping cats" since its monks drew up cats to jump inside the rings. This monastery out of wood, built on piles, and contains an astonishing collection of statues of Buddha. [Lunch at a local restaurant](#). Visit **Pagoda PhaungDawOo**, one of the most sacred shrines in Myanmar, dating back to the 18th century, and visits some of its many artisan factories of weaving of silk, cigars, etc. Enjoy the canoe-kayak ride to admire the beautiful surrounding landscape surrounding Inle Lake and the culture of the local people of this region. This small boat trip will offer you a quieter sailing experience, rowed and guided by the ladies of the "Inthar" ethnic group.

Return to the dugout to the setting sunset.

[Dinner and overnight](#) at **hotel**.



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DAY 07 - INLE LAKE – -INDEIN

Breakfast at the hotel.

The idyllic framework blotted around the mountains, and the Inle Lake is a punctuated blue oasis of villages on pile, temples and monasteries. You can discover the life of the lake: it's surprising **floating vegetable gardens**, fixed on the bottom of the lake by large piles of bamboo; its **fishermen into**, principal ethnic of the lake, which ancestral mode of fishing, with a bow net and while rowing with a leg, is unique in the world.

[Lunch at a local restaurant.](#)

You can walk in the village and visit the old pagodas which built in the 12th century.

Inn Dein, located on the southwestern bank of the principal lake, its village one can say that it is the most picturesque part of the Inle lake. The brook which leads to the lively village with various activities on its banks. In-Dein village is used as the main door to approach the western part of the lake and to discover the close villages situated on the hills.

[Dinner and overnight](#) at **hotel**.

DAY 08 - INLE LAKE--HEHO- - YANGON

Breakfast at the hotel.

Transfer by the road to **Heho airport** and fly back to **Yangon**.

Visit **colonial quarter** such as **Maharbandula Garden, City Hall, High court**, etc.

[Lunch at a local restaurant.](#) In the colonial district, discover the administrative buildings "The Secretariats" of the east wing and its interior courtyard of this colonial building. You can dive back into the 1950s and its magnificent architectural treasure. Then walk through **Chinatown home**, along with colonial buildings are crumbling facades, an abundance of small shops, hawkers and street canteens. Visit the **Bogyoke Market**, market lacquer, precious stones, fabrics, etc.

Free time, for your last minute shopping.

[Dinner at a local restaurant.](#)

[Overnight](#) at the hotel.

DAY 09 - YANGON – -**BANGKOK OR OTHER DESTINATION**

Breakfast.

Leisure time until the transfer to the airport.

Transfer to the international airport, **take-off bound for Bangkok**.

END OF SERVICE