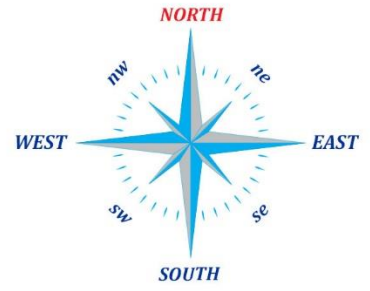


Tourism Resilience



Tourism resilience

TRIP PLANNER OF MYANMAR





AM-07D/06N-2024-2025

Yangon-Mandalay-Bagan-Heho-Inle-Indein-Heho-Yangon

Burma occupies the most Western part of Asia, formed by the long North-South valley of Irrawaddy. You will discover Yangon and Mandalay, the cities with the miles pagodas, the forgotten temples of Bagan, and bewitch by the area of the Inle lake.

ITINERARY AT A GLANCE

DAY	DEPART	TRANSFER	VISIT	ARRIVE	RANK
DAY-01	BANGKOK			YANGON	***
DAY-02	YANGON		SGN/AVA/AMA	MANDALAY	***
DAY-03	MANDALAY			BAGAN	***
DAY-04	BAGAN			BAGAN	***
DAY-05	BAGAN		HEHO	INDEIN	***
DAY-06	INLE		HEHO	YANGON	***
DAY-07	YANGON			BANGKOK	***

SEA LEVEL

INLE : 885 M

Photo description: "Breakfast (dessert) at a hotel."

AM-07D/06N-2024-2025

Yangon-Mandalay-Bagan-Heho-Inle-Indein-Heho-Yangon


DAY 01 - BANGKOK OR OTHER DESTINATION –  -YANGON 

Welcomed by our guide and transfer to hotel and leisure. Green city marked out lakes with the carefully landscaped banks, **Yangon** dissimulates under its peaceful airs a vibrating animation. Visit **Chaukhtetgyi pagoda** and of its great Buddha laying whose colossal stature is fortunately softened by the good-naturalness of its expression! [Lunch at a local restaurant](#). After lunch, an extended visit to the **Shwedagon pagoda**, one of the world's most spectacular religious monuments, will conclude the tour of this pictures garden city. The golden dome of the Shwedagon Pagoda rises 98 meters.

[Dinner and overnight](#) at **hotel**.

DAY 02 - YANGON-  -MANDALAY- SAGAING- AVA-AMARAPURA-MANDALAY 

Breakfast.

Transfer to **Yangon** airport for domestic flight to **Mandalay**.

Upon arrival, proceed to **Sagaing**, a retreat for Buddhist devotees, to enjoy a magnificent view over the surrounding area. Then stop with the **Pagoda Soon U Ponnya Shin** to benefit from the panorama.

[Lunch at a local restaurant](#). After lunch, continue a visit to the former royal capital of **Ava**, reached by a short boat trip. Visits by horse-drawn carriage to the **Nanmyint Watch Tower**, **the remains of the palace building** nicknamed "leaning tower of Ava", **MahaAungmye beautiful monastery** built of brick and stucco and **Bagayar Monastery**, famous for its impressive ornate woodcarvings and teak posts. Return to **Mandalay**.

Departure for **Amarapura** and continue to the 200- years –old **U Bein Bridge**, built-in 1782 at the time of **Amarapura** was the royal capital, entirely constructed of teak wood.

[Dinner and overnight](#) at **hotel**.

DAY 03 – MANDALAY –  - BAGAN 

Breakfast at the hotel.

Early morning transfer to Jetty. Cruise to **Bagan** by public boat.

(8 hrs cruising). Enjoy cruising experience in River Irrawaddy by boat.

[Picnic Lunch](#) magnificently on the boat.

Since the long chairs of the higher bridge, we discover new activities along the river; some fishermen collect their nets, of the boat-towers, go up in neutral of long teak boats.

We may see the village ways of life; women and children come to propose to us to drink or eat or present magnificently all kinds of things that testify originality he local arts and crafts.

Arrive in **Bagan** at the end of the afternoon.

[Dinner and overnight](#) at **hotel**.

DAY 04- BAGAN 

Breakfast.

Day devoted to discovering of **Bagan** "the mystic" extraordinary archaeological site which does not have anything to envy that of Angkor with its 3000 temples and pilot pink brick stupas of the apogee of the Buddhist architecture of Myanmar. Starting a sightseeing tour with a diverse selection of the most important pagodas and temples such as **ShwezigonPagoda**, built by King Anawrahta in the early 11th century, and discovered **temples Shwegugyi, Gawdawpalin** and coloured market located in Old Bagan. Afterwards, [lunch at a local restaurant](#). We will meet the religious tradition of donating food and materials for the monks of the surrounding monasteries.

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Yangon-Mandalay-Bagan-Heho-Inle-Indein-Heho-Yangon



Near the Law Ka Nanda pagoda, we will witness the great procession of monks coming out of the monastery to accept the offering of the local population. The locals meet together in a gesture of prayer to receive a blessing from the monks. You can join the local community to offer our material donations to the monks. Visit **Ananda Temple**, with its four substantial standing-Buddha images and numerous seated figures that arrange around the interior gallery and **GuByaukGyi Temple** (under the protection of UNESCO), noted for its ancient mural paintings. Observe a sunset in the vicinity of Bagan's ancient monuments.

[Dinner and overnight](#) at **hotel**.

DAY 05 - BAGAN- -HEHO- -INLE LAKE- -INDEIN

Breakfast.

Transfer to **Nyaung U** airport for domestic flight to **Heho**.

Drive-by road to **NyaungShwe**.

The idyllic framework blotted around the mountains, and the Inle Lake is a punctuated blue oasis of villages on pile, temples and monasteries. You can discover the life of the lake: it's surprising **floating vegetable gardens**, fixed on the bottom of the lake by large piles of bamboo; its **fishermen into**, principal ethnic of the lake, which ancestral mode of fishing, with a bow net and while rowing with a leg, is unique in the world.

You can walk in the village and visit the old pagodas which built in the 12th century.

[Lunch at a local restaurant](#).

Inn Dein, located on the southwestern bank of the principal lake, it's village one can say that it is the most picturesque part of the Inle lake. The brook which leads to the lively village with various activities on its banks. In-Dein village is used as the main door to approach the western part of the lake and to discover the close villages situated on the hills.

Visit **Pagoda PhaungDawOo**, one of the most sacred shrines in Myanmar, dating back to the 18th century, and visits some of its many artisan factories of weaving of silk, cigars, *etc.*

Enjoy the canoe-kayak ride to admire the beautiful surrounding landscape surrounding Inle Lake and the culture of the local people of this region. This small boat trip will offer you a quieter sailing experience, rowed and guided by the ladies of the "Inthar" ethnic group.

Return to the dugout to the setting sunset.

[Dinner and overnight](#) at **hotel**.

DAY 06 - INLE LAKE- -HEHO- - YANGON

Breakfast at the hotel.

Transfer by the road to **Heho airport** and fly back to **Yangon**.

Visit **colonial quarter** such as **Maharbandula Garden, City Hall, High court**, *etc.*

[Lunch at a local restaurant](#). In the colonial district, discover the administrative buildings "The Secretariats" of the east wing and its interior courtyard of this colonial building. You can dive back into the 1950s and its magnificent architectural treasure. Then walk through **Chinatown home**, along with colonial buildings are crumbling facades, an abundance of small shops, hawkers and street canteens. Visit the **Bogyoke Market**, market lacquer, precious stones, fabrics, *etc.* Free time for your last minute shopping.

[Dinner at a local restaurant](#).

[Overnight](#) at the hotel.

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Yangon-Mandalay-Bagan-Heho-Inle-Indein-Heho-Yangon



DAY 07 - YANGON – -BANGKOK OR OTHER DESTINATION

Breakfast.

Leisure time until the transfer to the airport.

Transfer to the international airport, **take-off bound for Bangkok.**

END OF SERVICE

